



(Accredited at "A" level by NAAC)

## Self Appraisal Form for Teachers

### I) (a) General Information

1	Name	Neelam R. Buddhdev
2	Address (Residential) & Phone No.	21, Karanpara, Shri Narayan Nivas, Rajkot_360001  2236149, 9879401016
3	Designation	Asso. Prof.
4	Department	Food and Nutrition
5	Date of Birth	30-04-1954
6	Area of Specialization	Home Science
7	Date of appointment	
	(i) In the present institution	01-09-1981
	(II) In the present post	01-09-1981
8	Honours conferred	

### I) b) Academic qualifications:

Examination passed	Board/University	Subjects	Year	Division/Grade/Merit etc.
HSC	CBSE	Science	1972	53%, Second
BA ( HSc)	Gujarat Uni	Home Science	1977	70% Distinction
MA ( HSc)	Gujarat Uni	Home Science	1979	60% First

### II) (a) Research Experience & Training

Research Stage	Title of Work/ Thesis	University where the work was carried out
M. Phil or equivalent	--NA--	
Ph. D	--NA--	
Post-Doctoral	--NA--	
Publication (give a list separately)	--NA--	
Research Guidance (give names of Students guided successfully)	--NA--	
Training (Please specify)		

**II (b) Research Projects Carried out: (Attach a separate sheet if required)**

Title of the Project	Name of the Funding Agency	Duration	Remarks

**(II) (c) Seminars, Conferences, Symposia, Workshops, etc. Attended**

<b>Date</b>	<b>Seminar</b>	<b>Subject</b>	<b>Venue</b>
20/12/ 2008	UGC sponsored State Level Seminar	Awareness towards environment regarding community, health and nutrition	Shri A.R.S. Sakhida Arts, Commerce & Home Sc. College
10-11/01/2009	UGC sponsored National seminar	'Fast food habits in younger generation of Valsad District and its relation to Obesity.'	R. P Bhalodia Mahila Home Science College, Upleta.
1/02/2009	UGC sponsored State Level Seminar	1.'A comparative study of discriminative method for determination of sensory quality of food done by students of F.N. department. of MVM College' 2. Study hazards of obesity in obese persons of Valsad district	M.V.M. Sc and HSc College, Rajkot.
14-17/11/ 2009	Joint Annual Conference 2009 (National)	-----	Department of Ancient History, Culture & Archeology University of Allahabad, Allahabad.
29/11/ 2009.	National Level Seminar on 'Literature and Creative Arts'	-----	Gujarat Sahitya Academy, Gandhinagar
5 <sup>th</sup> Dec., 2009	Faculty Development Programme IQAC	Effective teaching methods	MVM Arts College, Rajkot
7- 8/12/ 2009	Seminar on 'Home Science/Family and Community Sciences in New Age'	-----	Home Science Association of India, Gujarat State Branch
19- 20/12/ 2009	UGC Sponsored State Level Seminar on Images and Representation of Women in Indian Literatures	'Kanya Bhrun Hatya .....Savni Sharam', & 'Navyug ni Nari, Adhunik Jivan Shaili ane Vyavasay'	Smt. H.B. Jasani Arts & Commerce College, Rajkot
16-17/01/ 2010	UGC Sponsored National Seminar on Cultural Phenomena in Indian Literature	'Sanskriti ni Aadharshila Stree ke Purush ne badle Manav Kyare?'	Shree H.L. Patel Arts & Commerce College, Bhayavadar
7/02/2010.	UGC Sponsored National Conference on Home Science for Social well being	'Beliefs in Food Among Gujarati Speaking People of Valsad'	Smt. S.B. Gardi Institute of Home Science, Saurashtra University, Rajkot
16/02/ 2010	UGC Sponsored	'Sant Shri Narsinh Mehta nu	D. H College, Rajkot

	National Level Seminar on Different Dimensions of Swarnim Gujarat,	Samajik Sandarbh ma Pradan'	
21/02/ 2010	UGC Sponsored National Level Workshop entitled Nano-science and Nano-technology: A curriculum Development Approach	-----	MVM Science and Home Science College, Rajkot
18/01/2011	National conference on A Global need-Stress Management and Strategies	Stress and diet change	R.R.Patel Mahila Arts & Commerce College, Rajkot.
29-30/01/ 2011	UGC Sponsored National Conf. on Current Problem of Women Health in India	Are we being fair to the fairer sex's health?	UKV Mahila Arts & Home Science College, Keshod.
13/02/ 2011	National Conference on Environment & Science	Waste solids upgrading and treatment during food processing and the environment	M.V.M. Science & Home Science College, Rajkot.
9-12/8/11	IQAC-Faculty Development Programme	Recent trends in Education and Use of ICT	M.V.M Arts College, Rajkot- Attended
20-21/10/11	International Conference on Empowering Women through Higher Education	Value Education for Peace	Kanya Maha Vidhyalay- Jalandhar
3/2/12	UGC-DSA-SAP II Workshop	Current Developments in Nutritional Sciences and Practice Workshop on Research to Development for HomeScience Colleges of Gujarat	The Maharaja Saiyajirao University of Baroda.
4/3/12	UGC sponsored National Seminar on Gandhi Thought, Anna Movement And Our Education"	Gandhiji nu Jivan Ej Shikshan"	M.B. Arts & Commerce College, Gondal

### III) (a) Teaching Experience

Courses taught	Name of the University /College/ Institution	Duration
U.G.	M.V.M. College	33 yrs

P.G.	Saurashtra Uni PG Dept	5 yrs continuous, 23 yrs as visiting faculty when invited; Counselor for IGNOU Course
M. Phil	--NA--	
Any other		

### III) (b) Total Teaching Experience:

(i) Under-graduate: **33 yrs**      (ii) Post graduate: **23 yrs**

**Give list/lists separately for the following if required.**

### IV) Innovations / Contributions in Teaching

a. Design of Curriculum :

F.Y.,S.Y. and T.Y. FN semester wise and yearly curriculum formation from the time of the beginning of Home Science faculty till date.

Teaching Methods : Board work, visits

Laboratory experiments : Demonstration, performance

Evaluation Methods: Oral tests, written tests, assignments, projects, internal tests, Food Science Question bank of T.Y.Food Science.

Preparation of resource material Including book, reading materials,  
Laboratory manual etc.: Book- "Fundamentals of Foods and Nutrition"

Remedial Teaching / Student: Revision

Counseling (academic):

Any other :

### V) Extension Work/Community Service:

a) Please give a short account of your contribution to:-

i) Community work such as values of National Integration, secularism, democracy, socialism, humanism, Peace, Scientific temper, flood or drought relief, small family norms etc.:

ii) National Mission:

b) Position held/Leadership role played in organizations linked with Extension Work & National Service Scheme (NSS) or NCC or any other similar activity.

### VI) Participation in Corporate Life:

Please give a short account of your contribution to:-

**a. College/ University/Institution:**

- 1) Co-curricular Activities:-
- 2) Enrichment of Campus Life:  
(Hostels, Sports, Games, Cultural Activities)
- 3) Students Welfare & Discipline:
- 4) Membership/Participation in Bodies/Committees on Education and National Development:
  - a) Member of Board of Studies in Home Science, (FN Dept.) Saurashtra University.
  - b) Member of 47A in Home Science, (FN Dept.) Saurashtra University.
  - c) Member of Board of Studies in Home Science in Veer Narmad University, Surat, South Gujarat.
  - d) Examiner in P.G. (Home Science) in Veer Narmad University, Surat, South Gujarat.
- 5) Professional Organization of Teacher:

**VII) (a) Membership of Professional Bodies, Societies etc.:**

(b) Editorship of Journals:

- 1) Nominated on editors Board and as member of Executive Council of the 'Asian Journal of Home Science', a publication of Hind-Horticultural Society, Muzaffarnagar (U.P) on 11<sup>th</sup> March 2010.
- 2) Life time member of 'Asian Journal of Home Science', a publication Hind-Horticultural Society, Muzaffarnagar (U.P)

**VIII) State brief assessment of your performance indicating:**

(a) Achievements:

(b) Difficulties faced:

(c) Suggestions for improvement:

**IX Step taken by you for the evaluation of the course/ programme taught:**

**X) Any other Information:**

1. Awarded "O" Grade for paper presentation in Refresher course conducted at women's studies centre PUNE on 27-1-2001.

2. Conducted workshop on Table Setting at Smt. J.P. Shroff Arts College, Valsad on 10-10-05 and 11-10-05.
3. Attended International Conference on Fourth Wave Education at Dept. of Education, Saurashtra University, Rajkot on 10-12 Jan. 2004.
4. Series of lectures on Macro and Micro nutrients and Food Science for PG-IGNOU on AIR, GYANVANI in 2002.
5. Talk on Macro and Micro nutrients on Doordarshan in 2008.
6. Talk on Scope and curriculum of foods & Nutrition on Rajkot Doordarshan, 2010-'11.
7. Served as Resource Person for talk on 'Graphics in Home Décor' in the UGC Sponsored National Level Seminar on 'Modern Perspective in Home décor' held at Smt. J.P. Shroff Arts College, Valsad, Gujarat on 24<sup>th</sup> – 25<sup>th</sup> Jan. 2010.
8. Served as a member of the Advisory Committee in the UGC Sponsored National Level Seminar on 'Modern Perspective in Home décor' held at Smt. J.P. Shroff Arts College, Valsad, Gujarat on 24<sup>th</sup> – 25<sup>th</sup> Jan. 2010.
9. Paper entitled 'Numerical Score of Sprouted Soyabean Bhel' published in Asian Journal of Home Science, June 2010 issue.
10. Awarded as a Fellow of Agri-horticultural Society (FHAS), Muzaffarnagar, 28/12/2010.
11. Delivered a lecture on "Sensory evaluation" from SANDHAN, -Live Television Lecture Series- BISAG, Gandhinagar, dated 10/1/'12.

**(Signature of Teacher)**