

Matushri Virbaima Mahila Science & Home Science College, Rajkot.



Kalawad Road, Near Under Bridge, RAJKOT

PHONE NO. 091-281-2452997 email ID : mvmscience@yahoo.co.in

GRADE "A" INSTITUTE (ACCREDITED BY NAAC)

Self Appraisal Form for Teachers

I) (a) General Information

1	Name	DEEPTI M. OZA
2	Address (Residential) & Phone No.	SMT. DEEPTI M. OZA 103, KUMBHAJ FLATS PATRAKAR SOCIETY MAIN ROAD NEAR RAILWAY CROSSING RAJKOT – 360 007. Mo. 94273 87572
3	Designation	LECTURER
4	Department	HOME MANAGEMENT
5	Date of Birth	08/12/1959
6	Area of Specialization	HOME SCIENCE
7	Date of appointment	1. 01/03/1983 TO 27/06/1983 SIR BHAVSINHJI POLYTECHNIC COLLEGE, BHAVNAGAR 2. 28/06/1983 TO TILL DATE M.V.M. SCIENCE & HOME SCIENCE COLLEGE, RAJKOT
	(i) In the present institution	M.V.M. SCIENCE & HOME SCIENCE COLLEGE, RAJKOT.
	(ii) In the present post	LECTURER
8	Honours conferred	NIL

I) b) Academic qualifications:

Examination passed	Board/University	Subjects	Year	Division/Grade/Merit etc.
OLD S.S.C.	G.S.E.B.	SCIENCE	1976	FIRST CLASS
B.A. (HOME SCIENCE)	BHAVNAGAR UNIVERSITY	MAJOR HOME SCIENCE	1980	HIGHER SECOND CLASS
M.A. (HOME SCIENCE)	GUJARAT UNIVERSITY	MAJOR HOME SCIENCE	1982	HIGHER SECOND CLASS

II) (a) Research Experience & Training

Research Stage	Title of Work/Thesis	University where the work was carried out
M. Phil or equivalent	NIL	NIL
Ph. D	NIL	NIL
Post-Doctoral	NIL	NIL
Publication (give a list separately)	NIL	NIL
Research Guidance (give names of Students guided successfully)	NIL	NIL
Training (Please specify)	NIL	NIL

II (b) Research Projects Carried out :

Title of the Project	Name of the Funding Agency	Duration	Remarks
NIL	NIL	NIL	NIL

(II) (c) Seminars, Conferences, Symposia, Workshops, etc. Attended

Name of the Seminars , Conferences, Symposia, Workshops, etc.	Name of the Sponsoring Agency	Place and Date	Title of the paper presented (if any)
1. INTERNATIONAL CONFERENCE	DEPARTMENT OF EDUCATION SAURASHTRA UNIVERSITY – RAJKOT	DEPARTMENT OF EDUCATION SAURASHTRA UNIVERSITY – RAJKOT 10/11/12 JANUARY 2004	PARTICIPATED
2. NATIONAL SEMINAR	HOME SCIENCE DEPARTMENT M.S. UNIVERSITY – BARODA	HOME SCIENCE DEPARTMENT M.S. UNIVERSITY – BARODA 12/13 FEBRUARY 2004	PARTICIPATED
3. NATIONAL SEMINAR	HOME SCIENCE DEPARTMENT SAURASHTRA UNIVERSITY – RAJKOT	HOME SCIENCE DEPARTMENT SAURASHTRA UNIVERSITY – RAJKOT 24/25 JANUARY 2004	PARTICIPATED
4. WORKSHOP	PLANNING FOR SYLLABUS A.K. DOSHI MAHILA COLLEGE, JAMNAGAR.	PLANNING FOR SYLLABUS A.K. DOSHI MAHILA COLLEGE, JAMNAGAR. 28 FEBRUARY, 2004	PARTICIPATED
5. WORKSHOP	PLANNING FOR SYLLABUS BOSMIYA COLLEGE, JETPUR.	PLANNING FOR SYLLABUS BOSMIYA COLLEGE, JETPUR. 4 FEBRUARY, 2007.	PARTICIPATED
6. STATE LEVEL SEMINAR	DEPARTMENT OF HOME SCIENCE, UNJHA.	DEPARTMENT OF HOME SCIENCE, UNJHA. 11 MARCH, 2007.	BALKO NE APATA NASTA NA POSHAN MULYO NI

			CHAKASNI.
7. STATE LEVEL SEMINAR	DEPARTMENT OF SOCIOLOGY LATE M.J. KUNDALIYA ARTS & COMMERCE COLLEGE – RAJKOT.	DEPARTMENT OF SOCIOLOGY LATE M.J. KUNDALIYA ARTS & COMMERCE COLLEGE – RAJKOT. 12 TH OCTOMBER, 2007.	UCCH SHAIKSHNIK SANSTHA OMA NAVI TECHNOLOGY NU SAMAJIK UTTAR DAYITVA.
7. NATIONAL SEMINAR	"SHAKTI" – A NATIONAL MOVEMENT FOR WOMEN – PUNE	"SHAKTI" – A NATIONAL MOVEMENT FOR WOMEN – PUNE & MAHERSHI KARVE STREE SHIKSHAN SANSTHA, PUNE. 19/20 JANUARY, 2008	PSYCHO-SOMATIC DISORDERS OCCUR IN WORKING WOMEN.
8. STATE LEVEL SEMINAR	U.G.C. SPONSERED	SAKHIDA HOME SCIENCE COLLEGE, LIMBDI. 20 DECEMBER, 2008.	WORK OF N.G.O.
9. NATIONAL SEMINAR	U.G.C. SPONSERED	R. P. BHALODIYA COLLEGE – UPLETA. 10/11 JANUARY, 2009.	OBESITY & IT'S AWARENESS AMONG WORKING WOMEN & HOUSEWIVES.
10. STATE LEVEL SEMINAR	U.G.C. SPONSERED	M.V.M. SCIENCE & HOME SCIENCE COLLEGE, RAJKOT. 1 ST FEBRUARY, 2009.	PARTICIPATED
11. NATIONAL LEVEL SEMINAR	UGC	SMT. J.P. SHROFF ARTS COLLEGE, VALSAD 24-25 JAN.2010	FLOWER ARRANGEMENT- A LIVE ART IN HOME DECOR
12. NATIONAL LEVEL CONFERENCE	UGC	SMT. S.B. GARDI INSTITUTE OF HOME SCIENCE, SAURASHTRA UNI., RAJKOT 7-02-2010	ROLE CONFLICT OF MARRIED WOMEN AND MEASURES TO OVERCOME
13. NATIONAL LEVEL CONFERENCE	UGC	SMT. R.R.PATEL MAHILA ARTS & COMM. COLLEGE, RAJKOT 18/01/2011	STRESS MANAGEMENT

14. DISTRICT LEVEL	IRDA, HYDERABAD	SHRI. ARVINDBHAI MANIAR HALL, RAJKOT 24-2-2012	PRESENT SCENARIO OF LIFE & GENERAL INSURANCE, ALLIED CHARACTERS AND GRIEVANCES REDRESSAL MECHANISM
15. SEMINAR CUM WORKSHOP ON INTERNATIONAL WOMEN'S DAY	RAJKOT	8-3-2012	ATTENDED

III) (a) Teaching Experience

Courses taught	Name of the University /College/ Institution	Duration
U.G.	M.V.M. COLLEGE – RAJKOT	28/6/1983 TO TILL DATE
P.G.	S.B. GARDI INSTITUTE OF HOME SCIENCE SAURASHTRA UNIVERSITY, RAJKOT.	10/12/1990 TO 10/12/1992
M. Phil	NIL	NIL
Any other	NIL	NIL

III) (b) Total Teaching Experience:

(i) Under-graduate : 28 YEARS (ii) Post graduate : 3 YEARS

Give list/lists separately for the following if required.

IV) Innovations / Contributions in Teaching

- a. Design of Curriculum : APPOINTED AS AN EXPERT OF CURRICULUM DEVELOPMENT OF DIPLOMA PROGRAMME IN HOME SCIENCE TECHNICAL BOARD – GANDHINAGAR.
- b. Teaching Methods : CHAWLK & TALK METHOD, LECUTURE METHOD, PRATICAL METHOD, DEMOSTRATION METHOD.
- c. Laboratory experiments : AS PER CURRICULUM.
- d. Evaluation Methods : WRITTEN TEST, ORAL TEST, ASSIGNMENT, PROJECT WORK, SERVEY WORK, ETC.
- e. Preparation of resource material Including book, reading materials,

Laboratory manual etc. : READING MATERIALS, LABORATORY MANUAL & WRITTEN A BOOK ON HOME SCIENCE. NAMED GAME TEVA DAGH KEM DOOR KARSO.

- f. Remedial Teaching / Student : PERSONNEL GUIDANCE TO NEEDY STUDENTS.
- g. Counseling (academic) : YES
- h. Any other : NIL

V) Extension Work/Community Service:

a) Please give a short account of your contribution to :-

i) Community work such as values of National Integration, secularism, democracy, socialism, humanism, Peace, Scientific temper, flood or drought relief, small family norms etc. :

- (1) TAKEN LECTURES FOR TWO MONTHS IN FOOD & NUTRITION RUN BY NIRANTER SIKSHAN VIBHAG "KAPADIYA MAHILA COLLEGE" – BHAVNAGAR. (1982)
- (2) CONDUCTED VARIOUS ENTREPRENEURIAL TRAINING CUM MOTIVATIONAL PROGRAMES AS A BRANCH HEAD FOR THE UN-ORGANIZED WOMEN ENTREPRENEURS OF THE CITY IN RAJKOT. WITH N.G.O. NAMED "WOMEN EMPOWERMENT CORPORATION".
- (3) GIVEN HONOURARY SERVICE FOR TWO MONTHS TO CONDUCT ENTREPRENEUR TRAINING PROGRAMME. TO THE SCHOOL GIRLS NAMED "BERA KANYA VIDHYALAYA" – GONDAL.
- (4) DONATION IN FLOOD
- (5) ACTIVELY PARTICIPATED IN "BETI BACHAVO AANDOLAN".
- (6) PARTICIPATING AS AN EXPERT FOR EXTENSION PROGRAM OF HOME SCIENCE IN MAHILA JAGAT PROGRAM FOR DOORDARSHAN, RAJKOT
- (7) VISITING FACULTY AT FTC , GUJARAT GOVERNMENT

ii) **National Mission** : NIL

b) Position held/Leadership role played in organizations linked with Extension Work & National Service Scheme (NSS) or NCC or any other similar activity.

VI) Participation in Corporate Life:

Please give a short account of your contribution to:-

- a. College/ University/Institution : MEMBER OF I.Q.A.C. IN M.V.M. COLLEGE – RAJKOT.
POLLING OFFICER IN ELECTION DUTY

- b. Co-curricular Activities :- PAPER SETTER, EXAMINER IN SAURASHTRA UNIVERSITY & BHAVNAGAR UNIVERSITY.
- c. Enrichment of Campus Life :
(Hostels, Sports, Games, Cultural Activities)
PARTICIPATED IN CULTURAL ACTIVITIES OF M.V.M. COLLEGE & SAURASHTRA UNIVERSITY.

Students Welfare & Discipline : YES (Financial needs of needy ones)

- d. Membership/Participation in Bodies/Committees on Education and National Development : NIL
- e. Professional Organization of Teacher : MEMBER OF SAURASHTRA UNIVERSITY TEACHER'S ASSOCIATION.

VII) (a) Membership of Professional Bodies, Societies etc.:

(b) Editorship of Journals : NIL

VIII) State brief assessment of your performance indicating:

(a) Achievements : Successfully organized State Level Seminar on 1-2-2009 as a team.

(b) Difficulties faced : NIL

(c) Suggestions for improvement : NIL

IX) Step taken by you for the evaluation of the course/ programme taught:

X) Any other Information:

1. Expert in SANDHAN for lecture on 'Make your household work less tiring' on 4-1-2012.
2. Appointed as member in Home Science Board of Studies of Bhavnagar University on 7-1-2012.
3. 12-2-2012 appointed as external examiner for 12th std. of CBSE Board by Chief Nodal Officer, Ajmer.

(Signature of Teachers)